

What we learn in Year 9

During Year 9 you will have an opportunity to improve your practical skills further. You will also develop your knowledge of Home Economics through the following topics:

Eat Less Fat

Eat Less Sugar

Eat Less Salt

Eat More Fibre

Young Child's Nutritional Needs

Versatile Foods

Cooking Foods – reasons for and effects of

Some of the practical work we do in Year 9:

- Yogurt Loaf
- Scones
- Shortbread
- Pizza
- Pancakes – Shrove Tuesday
- Chicken Nuggets
- Easter Cookery
- Minced Beef Practical