

What we learn in Year 8

Home Economics is a new and exciting subject for you.

In our classes we will have the chance to try out new ideas, dishes and skills and this will help us become more independent within our family, home and community.

The topics that you will cover in Year 8 include:

Home Economics, what is it all about?

Preparation for cookery in St Joseph's

Equipment in the Home Economics room

The cooker

Safety and Hygiene in Home Economics

Introduction to the Eat Well Guide

Introduction to Family types

Roles and responsibilities

Some of the practical work we do in Year 8:

- Breakfast – scrambled/poached egg, tea and toast
- Apple Crumble
- Pizza Toast
- Christmas cookies
- Fairy cakes
- Sandwich
- Pancakes – Shrove Tuesday
- Christmas/Easter Cookery